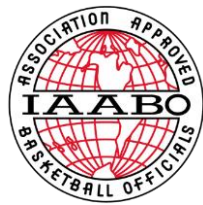


2021-2022 – Summary of Uniforms, Equipment and Apparel Items



(Rule 3-4, 3-5, and 3-6)

Rule changes highlighted in yellow

LEGAL



- Head coverings worn for religious reasons shall not be made of abrasive or hard materials.
- Must fit securely so it is highly unlikely to come off during play.
- **NOTE:** The State Association shall be notified, after the contest, if there is a concern about a head covering worn for religious reasons.
- **EXCEPTION:** If a participant is required by a licensed medical physician to cover the head with a covering or wrap, the physician's statement is required before the state association can approve a covering or wrap.

HEAD DECORATION AND HEADWEAR

LEGAL

with approval from State Association



HEADBANDS

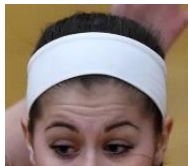
- May not be knotted or have extensions, even if extensions are tucked in.
- May only have one logo.
- May be up to 3 inches wide.



ILLEGAL



ILLEGAL



LEGAL

Q-COLLAR

- Safety device worn around the neck to protect brain from effects of repetitive impacts.

LEGAL

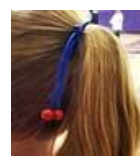


LEGAL

HAIR CONTROL DEVICES



- Item that goes around hair only.
- No color restrictions.
- Must be of soft material.
- Beads are prohibited.



ILLEGAL

HEADBANDS, WRISTBANDS, ARM/LEG SLEEVES, COMPRESSION SHORTS and TIGHTS

- Must be a single solid color: white, black, beige, or the predominant color of the jersey.
- May only have one logo.



- All such articles for all teammates must be the same color.

UNDERSHIRTS

- Must be a single solid color similar to the torso of the jersey.
- Sleeves' edges may not be frayed and must be the same length per player.
- One teammate may have short sleeves, another may have long sleeves.
- May only have one logo.



LEGAL



ILLEGAL - color

MEMORIAL PATCH

- Only one patch allowed.
- Not a number
- Above neckline or in side insert
- No more than 4 in²



SCHOOL OR CONFERENCE LOGO/MASCOT

May be at apex of jersey neckline on front/back and/or either side insert.



AMERICAN FLAG

May be worn anywhere on the jersey provided it does not exceed 2 x 3 in. or interfere with visibility of number.



LOGOS

One visible manufacturer's logo is permitted on any apparel item, limited to 2¼ square inches.



LEGAL LEGAL LEGAL

LEGAL



SHORTS

- No color restrictions.
- May be folded or rolled at the natural waistband seam.
- Must comply with Rule 3-4-5 restricting uniform pants to only one visible manufacturer's logo.

ILLEGAL



RELIGIOUS and MEDICAL ALERT MEDALS

- Not considered jewelry.
- Religious medals must be taped and worn under the uniform.
- A medical alert medal must be taped and may be visible.



JEWELRY

- **Not** permitted.
- May **not** be taped.
- Must be removed.



BRACES

- Manufactured knee and ankle braces **do not** need to meet any color restrictions.
- A brace is defined as anything **worn for a medical purpose** to increase stability.



SHOES AND SOCKS



Not "apparel" items, so no color or logo restrictions.

WRISTBANDS

- Made of absorbent material.
- Must be worn below elbow.
- Only one per arm.



← ILLEGAL

Color of headband and leg sleeves do not match.



← ILLEGAL
Logo is too big.



↑ ILLEGAL →

Sleeves must be a single solid color.



Silicone bands

ILLEGAL ↓



LEGAL →

Color of headband and leg sleeves match.

